

# FALCON HEIGHTS ELEMENTARY SCHOOL Bird's Word A ROSEVILLE AREA SCHOOL January 26, 2023 In this week's Bird's Word: • Message from Mrs. Behnke • Read-a-Thon starts next week! Falcon Families for Equity and Justice • Girls on the Run • From Buildings & Grounds Flyers January and February lunch menus NO SCHOOL Monday, January 30 -- Teacher workshop day (grades K-8) Message from Mrs. Behnke This week as I was visiting classrooms I came upon this wreath hanging on the 2nd grade classroom doors. I became curious and asked some students what it was all about. This is what I learned. "We write about the kind things that others do," says Finn. "At the end of the day the teacher asks us if we have seen anyone do something kind for us or someone else. Then she writes it on a paper and adds it the wreath," says Leona. Adelaide shared, "It is what we see others do not what we do." When I asked how long will you be doing this the response was "until it is all filled up." Well, if our 2nd graders can pause to notice what kind gestures others are doing for people, then I know we can all do the same. Let's take a moment to notice or even do small acts of kindness. In our stressed world we all need some KINDNESS everyday. February is I Love to Read Month and the time we hold our annual Read a Thon. This year's theme is "Feed to Read". In a nation of abundance we still have food insecurity and unpaid lunch balances for a variety of reasons. This year we are committing to giving back to our school community with a focus on our Nutrition Program. Please read the materials being sent home with your child/ren to learn more about the challenges and our plan to be part of the solution. We will READ READ READ, have some fun, raise some funds and leave a positive impact at Falcon Heights. Right around the corner is Kindergarten Enrollment Night, February 16th. Do you know of a family in your neighborhood that has a kindergarten aged child? Word of mouth is the strongest marketing tool. I invite you to share the good news about Falcon Heights and invite them to visit, call for a tour, or come to our event on the 16th. We are the Falcon Heights neighborhood school and want all to know we welcome them and look forward to being a part of their family's school experience. Winter 2023 Read-a-thon Read to Feed Wednesday 2/1 - Monday 2/13 FHE's annual Read-a-thon fundraiser will start next week! Kids should keep track of their reading minutes from Wednesday 2/1 through Monday 2/13. Look for info packets to come home with students on Monday 1/31. This year's theme is **Read to Feed**. A portion of our fundraising dollars will be donated to help FHE families pay off student lunch debt. We hope this fundraiser will feed our families' brains, bellies, and hearts. Please mark your calendars with our read-a-thon spirit days: Friday 2/3 - Cozy up with a book day - wear PJs or your favorite cozy clothes to school Thursday 2/9 - Read your shirt day Yay! Falcon **FALCON FAMILIES FOR EQUITY AND JUSTICE FFEJ Updates** We would love to have you join our next meeting! We will host our next meeting on Wednesday, February 1st at 7:00 pm. This will be inperson at school with child care available! We will also send out a Zoom option. This meeting will be with Delon Smith, our district Director of Equity and Innovation. He is joining us to provide updates regarding equity work in the district. He will also lead a discussion on how to have difficult conversations, which we hope will provide a common framework for discussions about supporting equity and antiracism in our school. We hope that many of you will join to learn more!

For more information feel free to email us at falconfamiliesforequityjustice@gmail.com.

Other upcoming FFEJ events!

Open Gym! Friday February 3rd

5:30-8:00

## Please join us for Open Gym!

Have you been waiting for the perfect opportunity to show off your basketball skills to your kid's 3rd grade classmates?

Have you been looking for a nearby place where your kid(s) can release some pent up winter energy, while you sit down and have an uninterrupted\* conversation with another grown up?

\*(While we cannot guarantee no interruptions, your odds are WAY better at open gym night than at home.)

Maybe you've been longing for the chance to use one of those giant rainbow parachutes like you used in gym class as a kid?

If you can relate to any of these, we'd love to see you and your family at Open Gym Night!

#### Important note:

Please plan to stay to supervise your children. We recommended bringing a water bottle and appropriate footwear for the gym.

# Family Movie night

Friday March 3rd Doors open at 5:30, Movie starts at 6:00

Have fun watching a movie together with friends and family! Bring a blanket or a chair to sit on and popcorn will be provided!

Movie TBD

\*Adults required to supervise their children.



## **GIRLS ON THE RUN**

Falcon Heights Elementary will once again be hosting a Spring season of Girls on the Run for 4<sup>th</sup>-6<sup>th</sup> grade girls!

#### **Details:**

- · Registration opens Feb. 1 at www.gotrmn.org
- · Program Dates: March 27 June 5
- · Final 5k will be during the first weekend in June
- · GOTR meets Monday AND Wednesday, 3:30 5:00pm at the school
- · Girls must be able to attend both days each week during the 10 week
- session
- · SCHOLARSHIPS AVAILABLE!!

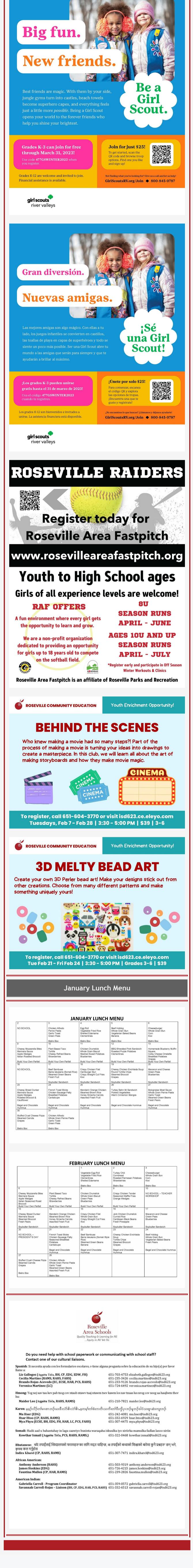
Find more about the program and registration: <u>https://www.gotrmn.org/3rd-5th-grade-</u> program-details

Please contact Nicole Fleming (651-276-2640 or at <u>nicmfleming@gmail.com</u>) with questions or for assistance signing up!



### A Safety Message From Buildings & Grounds Our Buildings and Grounds crew members do their best to keep the walkways as safe as possible. We ask that you are mindful of them and the equipment they use. While we make every attempt to do these operations when it has the least impact on families, there are times when you may see them out clearing snow and ice. Please keep yourself and your children as far away from moving equipment as possible.





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